

APRIL NEWSLETTER

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SELF RELIANCE INC.

Tuesday, April 2nd 2024

Continuing Education (CE) Courses

Did you know Direct Service Providers are required by the State of Iowa to complete continuing education (CE) courses? Check out last month's & this month's upcoming DSP coursework.

March:

- 1) Providing Positive Behavior Supports &
- 2) Basics of Effective Documentation
- 3) (Group Class) Using Service Plans

April:

- 1) Compassion & Empathy in Service Delivery &
- 2) Social Media & Behavioral Health
- 3) (Group Class) Handling Aggressive Behaviors

Top News

Now Hiring: DSP 3PM-11PM Shift
HR & Finance Administrators

All remaining ARPA grant funding for the recruitment & retention of employees has been disbursed.

A new site home was recently purchased with ARPA Grant funding. The house is set to open on 5/1/2024 after final updates have been completed.



Inc consumers & staff showed up to support The Group at SnowBull 2024!!

Now Hiring:

Finance & HR Admin Applicants -
Associates Degree Required
Direct Service Provider Applicants -
Alternating Weekends Required



Did you know sunshine boosts the production of serotonin?
Serotonin is a natural mood enhancer!



Day Habilitation:

As the weather warms up, the sunshine feels satisfying, and some people notice general mental health improvements. What better way to ground yourself & feel the sun on your skin than an outing to local parks in the community?! Day Hab is looking forward to spending group time outside this month. (Weather Permitting) 👉

Consumer Resources:

Consumers can join Partners for social programming on **4/23/24** at 6PM to watch "ET" at the Capitol Theatre! Ask your Team Lead for details and support if you are interested in participating in this local event!



Iowa Total Care provides transportation to non-emergency medical appointments. This resource is part of their Access 2 Care initiative. You can plan transportation arrangements by calling: **1-877-271-4819**

